The Value Of Walkable And **Bicycle-Friendly Communities**



Health and Environmental Benefits



RESIDENTS WHO SWITCH TO MORE **WALKING AND BIKING FOR THEIR COMMUTE WEIGH** AN AVERAGE OF **6.5 POUNDS LESS** THAN THOSE WHO **CONTINUE TO DRIVE** TO WORK.

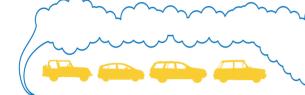
Source: MacDonald, J.M., Stokes, R.J., Cohen, D.A., Kofner, A., & G.K. Ridgeway. (2010). The effect of light rail transit on body mass index and physical activity. American Journal of Preventive Medicine 39(2):



REPLACING AUTOMOBILE TRIPS WITH BIKING/WALKING TRIPS IMPROVES AIR QUALITY AND

DECREASES PUBLIC HEALTH CONCERNS SUCH AS ASTHMA.

Sources: Frank, L., et al. (2006). Many pathways from land use to health: Associations between neighborhood walkability and active transportation, body mass index, and air quality. Journal of the American content oPlanning Association, 72, 75-8.; Friedman, M., et al. (2001) Impact of Changes in Transportation and Commuting Behaviors During the 1996 Summer Olympic Games in Atlanta on Air Quality and Childhood Asthma. Journal of the American Medical Association, 285(7): 897



THE AVERAGE BIKE COMMUTER REDUCES THEIR ANNUAL CARBON EMISSIONS BY 128 POUNDS.

Sources: European Cyclists' Federations. (2016). Cycle More Often 2 Cool Down the Planet! Quantifying CO2 savings of cycling



Economic Benefits



PROPERTY ASSESSMENTS WITHIN ONE BLOCK OF THE EIGHT-MILE INDIANAPOLIS TRAIL HAVE INCREASED 148% SINCE IT OPENED IN 2008, AN INCREASE OF **\$1BILLION** IN ASSESSED PROPERTY VALUE.

Source: IU Public Policy Institute. Cultural Trail Issue Brief 15-C23: Reasons to Love the Indianapolis Cultural Trail: A Legacy of Gene and Marilyn Glick. http://policyinstitute.iu.edu



HOUSES IN HIGHLY WALKABLE **NEIGHBORHOODS HAVE PROPERTY VALUES \$4,000 TO** \$34,000 HIGHER THAN HOUSES IN AREAS WITH AVERAGE WALKABILITY.

BUILDING SIDEWALK AND BICYCLE FACILITIES CREATES 36% MORE JOBS THAN BUILDING HIGHWAYS AND ALMOST 100% MORE JOBS THAN PAVEMENT IMPROVEMENTS.

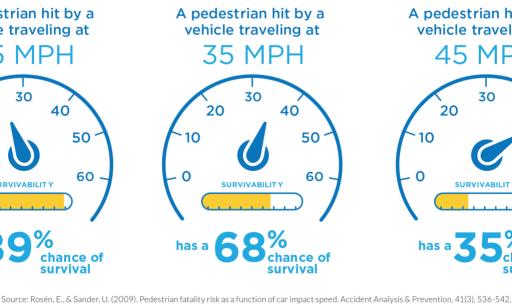
Sources: Cortright, J. (2009). Walking the Walk: How Walkability Raises Housing Values in U.S Cities. CEO for Cities; American Association of State Highway and Transportation Officials (AASHTO) Average Direct Jobs by Project Type (2012); Job in terms of full-time equivalents (FTE).



Safety Benefits

SPEED + SURVIVABILITY IN CRASHES







Install sidewalk 65-89 to avoid walking along roadway Increase enforcement 70 to reduce speed Install pedestrian 56 refuge islands Provide 36 bike lanes Add exclusive pedestrian phasing to 34 signalized intersection

> **DECREASE** IN CRASHES

